

Session Number & Time	Activity Name	Maximum Participants	Activity Description
Session 1 - 10-10:50 am	Archery	12	Develop your focus and your bad a** self at the archery range! Refine your skills or learn a new one with an instructor. Maximum of 12 participants.
Session 1 - 10-10:50 am	At-Home Barista	15	Spice up your kitchen routine and learn how to make simple but special coffee bar staples right at home! Want to up your coffee bar game even more? The experts will be there to answer questions you have about gadgets and ingredients that can level up your at-home coffee bar. Maximum of 15 participants.
Session 1 - 10-10:50 am	Caramel Apples	15	Learn how to make your own gourmet caramel apples. It is fun for everyone! They can be made with just about anything, sweet and/or savory. It might be messy, but as long as it tastes good, that is ok!
Session 1 - 10-10:50 am	Climbing Wall	12	Challenge yourself to work your way to the top! Maximum of 12 participants.
Session 1 - 10-10:50 am	Guided Hike	15	Explore the beauties of Camp Liberty and get your hike on!
Session 1 - 10-10:50 am*	Horseback Riding	10	Saddle up and enjoy the beauty and grace of Camp Liberty's horses. This is only being offered for ONE session that will run through Session 1 and Session 2. Maximum 10 participants.
Session 1 - 10-10:50 am	Massage	5	Forget about any stress and take some time just for you with a 30 minute massage! Cost is \$30. Each massage will be in a private cabin.
Session 1 - 10-10:50 am	Paper Flowers	15	Paper flowers will sure be your go to at your next hosting event! Get crafty and learn how to make the perfect decorative floral pieces with just paper!
Session 1 - 10-10:50 am	Yoga	15	Clear your mind with yoga practices in the beautiful outdoors. Bring your favorite yoga mat to relax your body and soul. Maximum of 15 participants.
Session 1 - 10-10:50 am	Zumba	15	Join this rockout workout! A full body cardio jam session inspired by the infectious, energizing, and sweat-dripping fun. Maximum of 15 participants.
Session 2 - 11-11:50 am	Archery	12	Develop your focus and your bad a** self at the archery range! Refine your skills or learn a new one with an instructor. Maximum of 12 participants.
Session 2 - 11-11:50 am	At-Home Barista	15	Spice up your kitchen routine and learn how to make simple but special coffee bar staples right at home! Want to up your coffee bar game even more? The experts will be there to answer questions you have about gadgets and ingredients that can level up your at-home coffee bar. Maximum of 15 participants.
Session 2 - 11-11:50 am	Caramel Apples	15	Learn how to make your own gourmet caramel apples. It is fun for everyone! They can be made with just about anything, sweet and/or savory. It might be messy, but as long as it tastes good, that is ok!
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Session 2 - 11-11:50 am	Yoga	15	Clear your mind with yoga practices in the beautiful outdoors. Bring your favorite yoga mat to relax your body and soul. Maximum of 15 participants.
Session 2 - 11-11:50 am	Zipline & Challenge Activity	12	Soar across camp to get a view of camp with fun excitement and challenge yourself! Maximum of 12 participants.
Session 2 - 11-11:50 am	Zumba	15	Join this rockout workout! A full body cardio jam session inspired by the infectious, energizing, and sweat-dripping fun. Maximum of 15 participants.
Session 3 - 1-1:50 pm	Floral Arrangments	15	Join the owner of Simply Blooming for a beginner's class on creating floral arrangements. This session will not only be full of color but will smell wonderful too!
Session 3 - 1-1:50 pm	Kayak/Canoe/Paddleboard	15	Enjoy the open water of Flint Lake! Hop in a canoe or kayak or take on the paddleboard to learn techniques along the way. Maximum of 15 participants
Session 3 - 1-1:50 pm	Massage	5	Forget about any stress and take some time just for you with a 30 minute massage! Cost is \$30. Each massage will be in a private cabin.
Session 3 - 1-1:50 pm	Self Defense	15	Build your confidence and self-defense skills through dynamic and interactive scenarios. Maximum of 15 participants.
Session 3 - 1-1:50 pm	Vision Board	18	It's never too late to create your vision!
Session 3 - 1-1:50 pm	Water Workout	15	Bring your swimsuits and make a splash in the pool with a light water workout class in GLAMP's first pool session!
Session 3 - 1-1:50 pm	Zipline & Challenge Activity	12	Soar across camp to get a view of camp with fun excitement and challenge yourself! Maximum of 12 participants.
Session 4 - 2-2:50 pm	Floral Arrangments	15	Join the owner of Simply Blooming for a beginner's class on creating floral arrangements. This session will not only be full of color but will smell wonderful too!
Session 4 - 2-2:50 pm	Kayak/Canoe/Paddleboard	15	Enjoy the open water of Flint Lake! Hop in a canoe or kayak or take on the paddleboard to learn techniques along the way. Maximum of 15 participants
Session 4 - 2-2:50 pm	Massage	5	Forget about any stress and take some time just for you with a 30 minute massage! Cost is \$30. Each massage will be in a private cabin.
Session 4 - 2-2:50 pm	Mixology	15	Learn to wow your friends by becoming an expert bartender for your party or gathering. There may even be a few samples to go around! Maximum of 15 participants.
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Session 4 - 2-2:50 pm	Vision Board	18	It's never too late to create your vision!
Session 4 - 2-2:50 pm	Water Workout	15	Bring your swimsuits and make a splash in the pool with a light water workout class in GLAMP's first pool session!
Session 5 - 3-3:50 pm	Craft Beer/ Cider Tasting	20	Whether you're a professional sommelier or just love some wine in your backyard, join us for a wine tasting.
Session 5 - 3-3:50 pm	Guided Hike	20	Explore the beauties of Camp Liberty and get your hike on!
Session 5 - 3-3:50 pm	Kayak/Canoe/Paddleboard	20	Enjoy the open water of Flint Lake! Hop in a canoe or kayak to learn techniques along the way. Maximum of 20 participants
Session 5 - 3-3:50 pm	Massage	5	Forget about any stress and take some time just for you with a 30 minute massage! Cost is \$30. Each massage will be in a private cabin.
Session 5 - 3-3:50 pm	Mixology	20	Learn to wow your friends by becoming an expert bartender for your party or gathering. There may even be a few samples to go around!

* Horseback Riding is combined for Session 1 and 2 and is limited to 10 Participants.
(If you select horseback riding for session 1, do not select a session 2.)