



Volksläufe 25km/5km

Where: At the Expo, Jackson County Fairgrounds | 1 Peninger Rd, Central Point, Oregon

When: Saturday, January 27th, 9am

Course: 25km course will start at milepost 11 on Old Stage Road in Gold Hill heading north crossing under I-5 and doubling back along Lampman Road toward Gold Hill. Runners will proceed out along Upper River Road heading toward Gold Ray. Heading into Central Point, runners will cross Blackwell Road and follow Dean Creek Road onto the Bear Creek Greenway Bike Path. Runners will finish at the Jackson County Expo. There will be water stations at 5km, 10km, 15km, and 20 km.

5km Fun Run will leave from the Jackson County Expo and follow the Bear Creek Greenway Bike Path out to Dean Creek Road trailhead and return back.

Age Groups, Awards, & Prize Money: While the 5km will be non-scoring, no awards fun run, the 25km will have awards to the top 3 in each age group. Additionally, this race will serve as the USATF-Oregon Association 25km championship, which awards medals to the top 3 USATF registered age group winners.

Age Groups (25km): 19 & Under; 20-29; 30-39; 40-49; 50-59; 60-69; 70 & Over

USATF Age Groups (25km): 39 & Under; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79

Must be USATF- Oregon registered to win these awards.

Special Awards (25km):

- 1. The first male and first female, who are former student/athletes of race director, Joe Volk, will receive a special award (If also an age group 1st place winner, the special prize will go to the next placing former student/athlete).
- 2. Any runner finishing under 1:40:40 (my time from the 1980 version of this race) for the 25km distance will receive a special token from the race director.

Prize Money (25km): Thanks to the generosity of Lithia Motors, we are offering prize money to the top 3 overall men and top 3 overall women. 1st place = \$1,000; 2nd place = \$500; 3rd place = \$250

Drawing Prizes:

Elliptigo has provided an **Arc 8** which will be our top raffle drawing prize (\$1250 value). Each entrant (25km and 5km) will receive one entry into the raffle for this prize. Additional entry tickets will be available for sale for \$5.00 each or 5 tickets for \$20.00. The Elliptigo Arc 8 can be claimed after the awards presentation or can be picked up at St. Mary's School following the race. We will not ship the Elliptigo to the winning recipient.

Other prizes: TBA

Race Director: Joe Volk jvolk@smschool.us

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Register at: Southern Oregon Runners website www.southernoregonrunners.com/

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